

**CHEER, DANCE & POM  
COMPETITIONS  
AT**

**THE  
EDGE  
PERFORMERS SCHOOL**

**THUNDERBOLTS  
INFORMATION BOOKLET  
2016**

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# INTRODUCTION

Welcome to The Edge competition classes. You may have been dancing at The Edge for a number of years now, or this may be your first year; we are excited that you are interested in performing at a competition level.

Competition classes provide students with an opportunity to showcase their skills and talents outside the arena of our end of year concert performance. These classes are for students who are driven, dedicated and work hard at their passion. Weekly training sessions will see our students learn performance excellence and comradery as they support each other, whilst striving to become the best dancers they possibly can.

For our teams to be as successful as possible, students are required to go above and beyond the dedication they might currently exhibit in their other weekly classes. The Edge has successfully competed nationally for many years at a high standard with fantastic results. If this sounds like the class for you, please continue reading.

***Please read ALL information carefully.***

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This information pack includes important information that you need to know about the classes we offer, what is expected from you, the Australian Allstar Cheerleading Federation (AASCF), competitions and competition locations, fees & costumes.

# AASCF EXPLAINED

## THE AUSTRALIAN ALL STAR CHEERLEADING FEDERATION - CHEER AND DANCE

AASCF competitions are very professional, well organised and exceptionally run with an awesome, positive environment. AASCF employ outstanding staff on the event days to make sure the competitions run smoothly and professionally. They supply warm up areas backstage to run routines, a panel of national and international expert judges, a team of marshals, professional & trained coaches, a huge professional venue and performance area 12m x 12m, great trophies, medals and banners, full medical staff on hand, and numerous divisions for dance, cheer and pom groups.

### SECTIONS AND AGE RESTRICTIONS

Students must be **UNDER** the age listed for the entire calendar year. For example:

U10 = 9 years or under during 2016, you cannot turn 10 in the year of the competition.

U16 = 15 years or under during 2016, you cannot turn 16 in the year of competition.

If you are unsure, please speak to Amanda.

### RULES

Rules for each competition will be available in our closed facebook group "AASCF 2016".

For more information on AASCF please visit [www.aascf.com.au](http://www.aascf.com.au).

## CLASSES ON OFFER

All classes are **COMPETITIVE** in nature.

### **Pom Pom - U10, U13, U16, U19**

Pom-Pom is a dance squad or dance team that participates in competitive dance. In a routine, a squad will incorporate a specific dance style (such as hip-hop, jazz or lyrical), technical work (tumbling, leaps, turns, kicks, splits, jumps) whilst holding both pom-poms for 80% of the routine. Routines last up to 2.30 minutes and are performed on a 12 x 12 floor.

Each level performs 1 x routine at each competition.

## **Cheerleading and Stunt – Novice, Level 1, Level 2**

Stunt cheerleading is an intense physical activity based on organised routines which are energetic, powerful and extremely entertaining. These routines last up to 2.30 minutes and produce non-stop action. Stunt Cheer Routines contain many components of tumbling, dance sequences, partner balances, jumps, cheers and stunting.

Each level performs 1 x routine at each competition.

## **Dance Troupes - U10, U13, U16, U19**

Competition class is competitive dance and designed to extend students' performance and technical skills through public displays and competitions. Competitions encourage students to work together as a team on developing a strong stage presence whilst learning and developing professional dance etiquette. It teaches students to fight for what they want and push themselves to be better and stronger both physically and mentally. Students also learn improvisation skills and work on developing their own choreographic techniques throughout the year. Competition classes are delivered by different specialist teachers throughout the year.

Each level performs the following:

U10, U13, U16, U19 – 1 x Jazz, 1 x Lyrical and 1 x Hip Hop routine at each competition.

*\*with the exception of Winterfest*

Dance Troupe students are invited to perform 1 of their routines in the end of year concert. Students will be notified closer to the end of the year which routine will be included.

## **THUNDERBOLTS TEAM NAMES**

### **Cheer**

Novice - Thunderbolts PURPLE HAZE  
Level 1 - Thunderbolts SILVER FORCE  
Level 2 - Thunderbolts BLACK THUNDER

### **Dance**

U10 - Thunderbolts SPARKLES  
U13 - Thunderbolts HEAT  
U16 - Thunderbolts ENERGY  
U19 - Thunderbolts POWER

### **POM TEAMS**

U10 – Thunderbolts DIAMONDS  
U13 - Thunderbolts STARS  
U16 - Thunderbolts STRIKE  
U19 - Thunderbolts ELITE

# TRAINING PREREQUISITES FOR POM, STUNT & COMPETITION

Primarily, competition classes focus on choreography with the exception of cheerleading classes, therefore, students are required to also be enrolled in the following (this is **NOT** optional):

## Dance Classes

U10, U13, U16, U19

Must be enrolled in an age appropriate Jazz and Classical Ballet class for their technical and strength development.

## Pom Classes

Students must also be enrolled in a Jazz class for their technical & strength development.

## Cheer: Stunt and Tumble

Students must be enrolled in both the Stunt and Tumble classes and it is highly recommended that students also be enrolled in an age appropriate Jazz or Classical Ballet class for their technical and strength development.

# EXPECTATIONS

Competition classes require next level dedication. This is a TEAM sport and team mates are relying on you to participate to your fullest. By enrolling in a competition classes you agree that you will meet the expectations set out below:

- **Availability** – You are expected to be available to participate in all diarised competition events and additional rehearsals as set out in this document. Your team mates are relying on you to be there. The only exceptions are illness or injury and if students are capable of attending to watch the class they are expected to do so. Unfortunately, if students withdraw participation due to injury or illness will not be reimbursed competition charges if they have already been entered.
- **Punctuality and Absence** – You are expected to arrive to class on time, stretched and warmed up, each week. Prolonged or unexplained absence may see students removed from choreography. This is at the teacher/coaches discretion. If students are to be absent please notify Nicole Bunnell prior to the scheduled class/rehearsal. Students are expected to be available for the entire competition season. If students are unable to attend a competition date then this must be communicated to our

Administration staff in writing by the 1<sup>st</sup> May. If students withdraw post this date, you may be liable for costume and comp entry costs.

- Attire – You will wear appropriate dance attire to class. This includes appropriate footwear. Please see uniform and appearance section of this booklet.
- Communication – We expect you to communicate with us in writing. If you need to inform us of something important, or have questions, please send us an email. The administration staff manage enrolments, information, entering competitions, timetabling and invoicing. Approaching teachers/coaches before and after class is *NOT* considered notification. Teachers/coaches are not always in a position to be able to have conversations at this time or take notes and pass information on to administration staff, they are here to run classes. The email addresses for administration staff can be found on The Edge website or at the back of this document.
- Responsibility – Students are responsible for learning missed choreography during their own time. This may mean arranging a catch up with teammates or a private lesson with the teacher/coach.
- Accounts – Accounts are required to be settled **prior** to the end of each term.
- Awareness – All information regarding classes and yearly events is posted on the noticeboard in the studio waiting room. It is your responsibility to ensure you are well informed. Notices are sent home with students on occasion, however in the past we have not always found students pass this information on to parents. Other general information is available on our website. Those who use Facebook will be invited to join a private Facebook group in which students, teachers and staff can communicate and share. Please note that communication from parents to staff via this channel is of a casual nature and cannot replace formal communication via email.
- Commitment – As a team member it is expected that you commit to your passion for competitive dance. Student and family commitment is paramount to the successful functioning of competition teams. Students are entered into competitions months before the scheduled dates, therefore a commitment at the beginning of the year is extremely important and asked of everyone.

## CLASS TIME

All students should arrive to class stretched and warmed up.

### Dance Troupes

Term 1 incorporates some skill training and reinforces and refines already learned technical skills. Going forward, the focus becomes learning choreography for upcoming competitions.

### Pom

Focuses on learning motions and reinforcing and refining already learned technical skills. Students will learn one routine that adapts as the students strengthen their skillset.

### Cheerleading

This class is broken up into 2 components, both compulsory. The tumbling class is designed to strengthen and teach safe tumbling practice while the stunt class focuses on choreography and teaching and improving the skillsets of the flyers, bases and spotters.

## AUDITIONING

The class teacher/coach holds the right to reduce the number of routines students perform in if they are struggling with all the choreography. Whilst it is the goal that each student performs in all routines, there are times when it is in the best interests of the individual student and the team if students concentrate on only one or two routines. Students may still be liable to pay entry fees for all routines as entries need to be submitted prior to auditions. This may happen at **ANY** time during the year.

## CLASS UNIFORM & APPEARANCE

Students are to come to class in appropriate well fitted dance attire to accentuate and make visible body lines and extensions. Black, purple and pink colours only.

Hair to be pulled back into a pony tail or bun.

No Jewellery.



## **Shoes (for class and competitions)**

Dance: Tan Jazz, Clean runners for Hip Hop (you will be notified which colour required for comp's once costume has been organised). You may be required to purchase Black Jazz or Foot Thongs - upon notification.

Pom: Tan Jazz

Cheer: Clean Plain White Runners (proper athletic runners, no canvas kmart/target shoes)

# **AT COMPETITIONS**

Punctuality for competitions and performances is essential. All competitors are required to arrive at the performance venue at the time set by your teacher/coach. This is to guarantee that everyone is going to be present for the performance and choreography can be reset if there is anyone who is delayed in an emergency situation or unwell. Not arriving on time causes much stress to your classmates and teacher. Correct costume, hair and makeup as set by your class teacher are required in all performances. Costumes are not to be worn to and from the venue with exception of your cheer uniform. Students are required to wear their 'Edge' Jacket to and from any competition or performance. No Jewellery to be worn or brought to competitions.

As a member of The Edge, students are expected to portray a well-behaved, courteous manner towards all other competitors and performers, both in their own groups, other schools or performance groups. Expectations for correct dance etiquette and representation of The Edge will be further discussed in class with your teachers. Students are not to practice their routines at venues unless they are in the designated warm up area, or have been instructed to do so by their teacher/coach. Students are never allowed on the competition floor unless they are performing or have been invited onto the floor by an AASCF representative.

# **COMMUNICATION**

Communication between The Edge and families involved in the AASCF competitions is imperative and something we have been working to improve yearly.

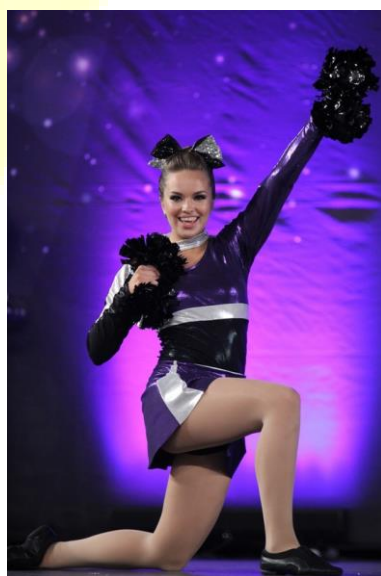
We have a dedicated Facebook group that is only for AASCF students and their parents. This closed group is only accessible to users who have been approved by our administration staff and students must be enrolled in a competition class at The Edge. This group is altered each calendar year. This is by far the fastest and best avenue of communication with our

families. Information is posted on this page by our administration staff and can be seen immediately by the people in this group.

Information is also communicated via our noticeboards at The Edge studios. Students and Parents should check this information every time they visit the studios. On occasion notices will be sent home with students.

Our information booklet is handed to students in first term and this booklet can be a reference of information for parents and students throughout the year. Please retain this booklet.

Some information is available on our Website however this is general information about our classes and the competitions that we offer. The Edge website has email links to our admin staff if you needed to ask questions or require further information.



# 2016 FEES

## AASCF Registration Fee

\$15 registration fee for the calendar year. Payable directly to The Edge.

## Competition Entry Fees

*The following fees are based on 2015 competitions. These are indicative and may change in 2016. Please note that Pom routines fall into the dance section.*

	1 <sup>st</sup> routine entered	Every additional routine entered	Athletes only competing in dance doubles -1 routine
Winterfest Cheer & Dance	\$40	\$10	TBC
Battle Cheer Only	All Star Level \$70 Novice Level \$60	\$15	N/A
State Championship Series Cheer & Dance	\$55 Novice Level \$45	\$15	TBC
Melbourne Cup Carnival Dance Doubles Only			\$25
National Championship Series Cheer & Dance ( <i>Cheer TBC</i> )	\$85 Novice Level \$75	\$25	\$40

## CLASS TUITION FEES

### The Edge Thunderbolts Membership Fees

Pom	\$65 per year (1 x routine)
Cheer	\$64 per year (1 x routine)
Dance	\$90 per year (3 x routines)

\*membership fees cover the extensive amount of administration associated with competition classes, music creation and equipment.

### Term Fees

Please see the back page of the 2016 timetable for term fees. Please note that comp, pom and cheer term fees all include an additional 10 hours of rehearsal per class, per year.

# OTHER ASSOCIATED COSTS

## BILLED BY THE EDGE PERFORMERS SCHOOL

Cheer Costume	\$199
Dance Costume Purchases	\$80 - \$150 each
Dance and Pom Costume hire, per routine – full year use (if required)	\$60
Hair Bows - Cheer & Pom	\$15

## OTHER ASSOCIATED COSTS

### Shoes

Students are required to have the correct shoes as outlined in this document. Available from dancewear stores; our preferred suppliers are Martins Dancewear, 7/23 Susan Street, Eltham and Bloch, Westfield Shoppingtown, Doncaster.

### Tights

Dance & Pom teams will need tan tights. Available from The Edge reception.

### Make Up

Dance: As per The Edge end of year concert makeup.

Pom: As per The Edge end of year concert makeup.

Cheer: Light natural – glitter applied at the venue.

## WHEN TO EXPECT INVOICES

Normal term invoices for class charges can be expected prior to the commencement of each term. (See enrolment terms and conditions for more information about normal class and fee charges at The Edge).

Term 1 invoice will include AASCF registration and Thunderbolts membership.

Mid-term 2 invoice charges: costumes and comp entry.

Mid-term 3 invoice charges: all remaining competitions and any extra costume hire and purchase costs.

# CALENDARS

## ADDITIONAL REHEARSAL CALENDAR

10 additional hours per class per year - subject to change. Dates are tentative and subject to change.

### TERM 2

**Sunday 12<sup>th</sup> June (times to be confirmed once enrolments are finalised)**

<b>Youth U15 Novice Cheer (Purple Haze)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>Youth U13 Pom (Stars)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>Junior U16 Pom (Strike)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>Senior U19 Level 2 Cheer (Black Thunder)</b>	<b>Robyn</b>	<b>2 hours</b>

**Friday 17<sup>th</sup> June**

<b>7pm – 9pm</b>	<b>Senior U19 Pom (Elite)</b>	<b>Robyn</b>	<b>2 hours</b>
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**Sunday 19<sup>th</sup> June (times to be confirmed once enrolments are finalised)**

<b>Mini U10 Troupe (Sparkles)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U10 Mini Pom (Diamonds)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>Youth U13 Troupe (Heat)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U15 Level 1 Junior Cheer (Silver Force)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>Junior U16 Troupe (Energy)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>Senior U19 Troupe (Power)</b>	<b>Janelle</b>	<b>2 hours</b>

### TERM 3

**Sunday 31<sup>st</sup> July (times to be confirmed once enrolments are finalised)**

<b>Youth U15 Novice Cheer (Purple Haze)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U13 Youth Pom (Stars)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U16 Junior Pom (Strike)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U19 Senior Pom (Elite)</b>	<b>Robyn</b>	<b>2 hours</b>

**Friday 12<sup>th</sup> August**

<b>7pm – 9pm</b>	<b>Senior U19 Level 2 Cheer (Black Thunder)</b>	<b>Robyn</b>	<b>2 hours</b>
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**Sunday 14<sup>th</sup> August (times to be confirmed once enrolments are finalised)**

<b>U10 Mini Troupe (Sparkles)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U10 Mini Pom (Diamonds)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U13 Youth Troupe (Heat)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U15 Level 1 Junior Cheer (Silver Force)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U16 Junior Troupe (Energy)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U19 Senior Troupe (Power)</b>	<b>Janelle</b>	<b>2 hours</b>

**Sunday 4<sup>th</sup> September (times to be confirmed once enrolments are finalised)**

<b>Youth U15 Novice Cheer (Purple Haze)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U13 Youth Pom (Stars)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U16 Junior Pom (Strike)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U19 Senior Pom (Elite)</b>	<b>Robyn</b>	<b>2 hours</b>

**Friday 9<sup>th</sup> September**

<b>7pm – 9pm Senior U19 Level 2 Cheer (Black Thunder)</b>	<b>Robyn</b>	<b>2 hours</b>
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**Sunday 11<sup>th</sup> September (times to be confirmed once enrolments are finalised)**

<b>U10 Mini Troupe (Sparkles)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U10 Mini Pom (Diamonds)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U13 Youth Troupe (Heat)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U15 Level 1 Junior Cheer (Silver Force)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U16 Junior Troupe (Energy)</b>	<b>Janelle</b>	<b>2 hours</b>
<b>U19 Senior Troupe (Power)</b>	<b>Janelle</b>	<b>2 hours</b>

**TERM 4**

**Sunday 16<sup>th</sup> October (times to be confirmed once enrolments are finalised)**

<b>Youth U15 Novice Cheer (Purple Haze)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U13 Youth Pom (Stars)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U16 Junior Pom (Strike)</b>	<b>Robyn</b>	<b>2 hours</b>
<b>U19 Senior Pom (Elite)</b>	<b>Robyn</b>	<b>2 hours</b>

**Friday 21<sup>st</sup> October**

<b>7pm – 9pm Senior U19 Level 2 Cheer (Black Thunder)</b>	<b>Robyn</b>	<b>2 hours</b>
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**Sunday 23<sup>rd</sup> October (times to be confirmed once enrolments are finalised)**

U10 Mini Troupe (Sparkles)	Janelle	2 hours
U10 Mini Pom (Diamonds)	Robyn	2 hours
U13 Youth Troupe (Heat)	Janelle	2 hours
U15 Level 1 Junior Cheer (Silver Force)	Robyn	2 hours
U16 Junior Troupe (Energy)	Janelle	2 hours
U19 Senior Troupe (Power)	Janelle	2 hours

**Sunday 13 November (times to be confirmed once enrolments are finalised)**

Youth U15 Novice Cheer (Purple Haze)	Robyn	2 hours
U13 Youth Pom (Stars)	Robyn	2 hours
U16 Junior Pom (Strike)	Robyn	2 hours
U19 Senior Pom (Elite)	Robyn	2 hours

**Friday 18<sup>th</sup> November**

7pm – 9pm U19 Senior Troupe (Power)	Janelle	2 hours
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**Sunday 20<sup>th</sup> November (times to be confirmed once enrolments are finalised)**

U10 Mini Troupe (Sparkles)	Janelle	2 hours
U10 Mini Pom (Diamonds)	Robyn	2 hours
U13 Youth Troupe (Heat)	Janelle	2 hours
U15 Level 1 Junior Cheer (Silver Force)	Robyn	2 hours
U16 Junior Troupe (Energy)	Janelle	2 hours
U19 Level 2 Senior Cheer (Black Thunder)	Robyn	2 hours

U10 U16 U13 to start at 12.00pm



## COMPETITION CALENDAR – SUPPLIED BY AASCF

2016 Competition	Venue - TBC	Approximate Date
<b>AASCF Winterfest</b>	State Basketball Centre - 291 Georges St, Wantirna South	24 – 26 June 2016
<b>AASCF All Star Battle</b> <i>Cheer only</i>	State Basketball Centre - 291 Georges St, Wantirna South	5 – 7 August 2016
<b>AASCF State Championships</b>	Melbourne Sports and Aquatic Centre - 30 Aughtie Dr, Melbourne	16 – 18 September 2016
<b>AASCF Melbourne Cup Carnival</b> <i>Doubles only</i>	State Basketball Centre - 291 Georges St, Wantirna South	28 – 30 October 2016
<b>AASCF National Championships</b>	Gold Coast Convention Centre - Broadbeach QLD	25 – 27 November 2016

### IMPORTANT

**As stated earlier, students will be entered into all competitions for the year.  
The Edge must be notified by May 1<sup>st</sup> if students will not be available for  
competition dates.**

**\* Important Dates and venues are subject to change in accordance with the organisers. \***

## PARENTS

2016 Dates for all AASCF competitions and rehearsals are provided (please refer to information in this pack and diarise all dates). As of May 1<sup>st</sup> if you have not advised us that you are unavailable for any of the set dates, students will be entered into the stated competitions and entry fees will be payable. It will be assumed that all students are available for all competitions for the year.

Entry fees for competitions are paid for in advance so early termination of classes may still see you required to pay for entry fees. Competition entry fees and costuming fees will be added to your Edge account throughout the year.

If for any reason a student cannot participate in a set competition then The Edge **must be notified in writing via email**. Do not just notify the class teacher. Student unavailability for competitions must be communicated with The Edge by May 1<sup>st</sup>.

Students who participate in competition classes require commitment, dedication and support from the families.



## CONTACTS

Primary Contact: Amanda – [amanda@theedgeperformersschool.com.au](mailto:amanda@theedgeperformersschool.com.au)

Secondary Contact: Lisa – [lisa@theedgeperformersschool.com.au](mailto:lisa@theedgeperformersschool.com.au)

Nicole – [nicole@theedgeperformersschool.com.au](mailto:nicole@theedgeperformersschool.com.au)

Office Hours: Monday to Saturday, 9.15 am – 4pm

Phone: 03 9439 2711 or Nicole Bunnell (Director) 0412 053 953

## ENROLMENTS

Enrolment in comp classes is via the usual enrolment process. Please see the 2016 Timetable and Enrolment Form for enrolment information, terms and conditions. Enrolments for current students are from Photo Day 2015 and new students from Monday 23 November 2015.

## FORMS

Once you have decided to enrol, please return the following forms to us by 29 February 2016. Available from The Edge waiting room or <http://aascf.com.au/information/forms>

-ACKNOWLEDGEMENT SLIP (below)

-2016 REGISTRATION FORM (**DO NOT PAY ANY MONEY DIRECTLY TO AASCF**)

-2016 WAIVER FORM

Please return these documents to RECEPTION DO NOT GIVE TO TEACHERS. If outside office hours, please use the correspondence box on the noticeboard in the studio waiting room.

*Everything else in this information booklet is for you to keep and refer to throughout the year.*



## **2016 COMPETITION CLASS ACKNOWLEDGEMENT FORM**

I (parent) \_\_\_\_\_ have read and understand the above information and am happy for my child \_\_\_\_\_ to participate in one or more of these competition classes. I understand the extra commitment and agree to pay the costs for competition entries, costumes, additional rehearsals and any other additional fees and applicable charges. I understand that normal enrolment conditions apply to these classes.

Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_